



OFFICE OF THE CHIEF PUBLIC HEALTH OFFICER

**PRECAUTIONARY PUBLIC HEALTH ADVISORY FOR HAY RIVER
RESIDENTS**

LANDFILL FIRE SMOKE EXPOSURE

Hay River 11 March 2019 – The Chief Public Health Officer has issued a precautionary public health advisory in Hay River as smoke from the Hay River landfill fire could cause poor air quality. The individual level of exposure may change due to wind direction and weather conditions, but is also influenced by the level of physical activity and age.

Children, pregnant women, seniors and those with pre-existing health conditions such as asthma, diabetes, lung or heart conditions are most at risk.

You can reduce your risk to exposure by avoiding strenuous outdoor activities and by staying indoors with windows and doors closed.

Anyone experiencing a worsening of symptoms such as wheezing, chest discomfort, or shortness of breath should seek an assessment at the health centre without delay.

You can find additional information on the health effects of smoke at:

- [Hay River Landfill Fire Smoke FAQs](#)
- [Air Quality Self-Assessment Method](#)
- [Health Effects of Smoke Exposure](#)
- www.airhealth.ca

For additional information on local weather conditions, visit:

- https://weather.gc.ca/warnings/index_e.html?prov=nt

For more information contact:

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