



Hay River Health & Social Services Authority | Administration des services de santé et des services sociaux de Hay River  
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## **PUBLIC ANNOUNCEMENT**

(March 25, 2020) – To encourage social distancing and to protect the health of our community and staff, the Laboratory has implemented an appointment process for testing to reduce the number of clients waiting. This change in process will be effective immediately.

### **How can I get an appointment?**

Please call the Hay River Regional Health Center to make an appointment (874-8300 or 874-8000). You will need to access the Emergency entrance upon arrival. Please ensure you have your requisition and Healthcare Card with you – your appointment will be unable to proceed without them. If you can not attend your appointment, please phone as soon as possible to cancel and rebook.

### **How to prepare for your visit**

Some tests will require a period of fasting before the test. Fasting includes having nothing to eat, drink or chew except small amounts of water for the required amount of time leading up to your test. Instructions are located on the requisition. Please ask your health care provider if you are permitted to take your medications during your fasting period.

Some tests will require you to wait at the laboratory for additional collections. It is important that you remain in the laboratory waiting area as the laboratory technologist will inform you when you're testing is complete and you may go.

### **Getting your results**

Please contact your health care provider for any additional information about your results.

Erin Griffiths  
Chief Executive Officer