



COLLÈGE
AURORA
COLLEGE

Are you responsible for the care of a loved one?

Introduction to Community Caregiving

This course is intended to help people take care of family members with caregiving needs and/or to encourage participants to consider taking a health care program like the Personal Support Worker course.

Included in this course:

- Safety in the home
- Being a companion
- Personal care
- Common illnesses and conditions
- Health care support
- Crisis management
- Organization of day to day activities
- Advocacy

Full time program – 6 weeks
November 13 to December 20, 2018
Kátł'odeeche First Nation

**For more information or to apply, contact Liz
at the Chief Daniel Sonfrere Learning Centre
874-3107**